












Sacral Chakra






About the Sacral Chakra

-  The Control the Cat Has
-  Located in the Rump Area (*Base of the Back/Above the Tail*)
-  Controls:
 -  Kidney
 -  Adrenal Glands
 -  Back
 -  Reproductive System
 -  Bladder
 -  Lymphatic System
-  Represents Their Self-Expression
-  Can Be Blocked By Projecting Our Expectation on Them & Shouting at Them






Unbalanced Indicators

-  Sexual Behavior
-  Possessive
-  Jealousy
-  Frantic Behavior
-  Boundary Issues
-  Inappropriate Urination



Colors

-  Orange
-  Dark Orange (*Underactive*)
-  Light Orange (*Overactive*)







Crystals

-  Carnelian
-  Citrine
-  Tiger's Eye







Hydrosols

-  German Chamomile (*Erratic Behavior*)
-  Frankincense (*Inappropriate Behavior*)
-  Calendula (*Erratic Behavior*)
-  Ylang Ylang (*Jealousy*)



Herbs

-  Chamomile (*Anxiety/Fear*)
-  Calendula (*Confidence*)
-  Valerian (*Inappropriate Urination*)
-  Yarrow (*Inappropriate Urination*)



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