

Throat Chakra



About the Throat Chakra

- 1st of 3 Spiritual Chakras
- Influences Cat's Ability to Communicate
- Located in the Throat & Back of Neck
(Just Above Vocal Cords)
- Controls:
 - Throat
 - Mouth
 - Teeth
 - Jaw
- Represents How They Express Themselves
- We Impact When We Yell at Them
- Can Balance By Understanding How They Communicate



Unbalanced Indicators

- Dental Issues
- Chewing Weird Things
- Overgrooming
- Boisterous Behaviors
- Reluctance to Follow Orders
- Excessive/Loss of Voice



Colors

- Blue
- Light Blue (Underactive)
- Dark Blue (Overactive)



Crystals

- Blue Calcite
- Blue Topaz
- Sapphire
- Angelite
- Turquoise
- Azurite
- Lapis Lazuli
- Aquamarine



Hydrosols

- German Chamomile
- Peppermint



Herbs

- German Chamomile
- Peppermint



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